

UNFORGETTABLE EXPERIENCE OF YOCAB.

BY KAIHULA ANODI

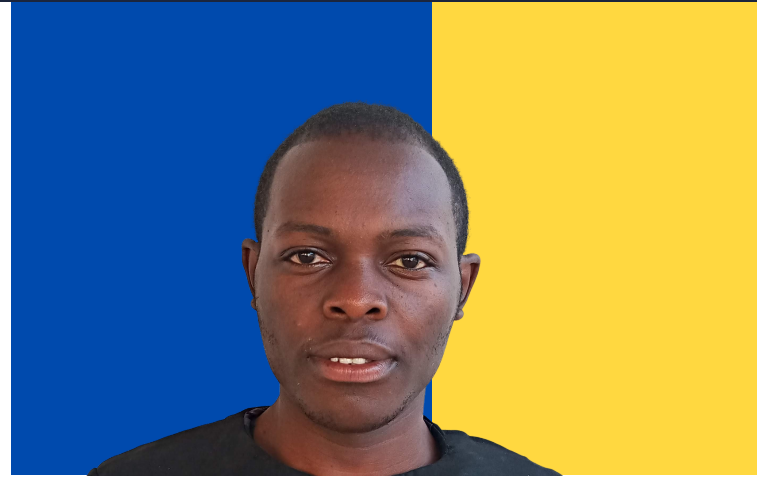
My name is **Kaihula Anodi**, a fourth-year student at the University of Dodoma pursuing in bachelor of science in nursing. Currently, executive Secretary-general UDOM health club.

Youth capacity building mentorship program under Tanzania Health Summit (THS) trained us in leadership, communication skills, and career path development. Through my very friendly mentor Miss **Edina Paul** (RAAC- Singida), I learned a lot from her and the programs I was attached to. Indeed, it was the most valuable experience!

As a YOCAB mentee, I had opportunity to reach several villages in singida region such as Endasiku village, Ikolo and Kinyamburi. I was privileged to interact with community members positively, talking to them about their health issues especially of voluntary male circumcisions.



Community out reach sensitization for TOHARA kinga project with village leaders at Endasiku



I had practical work-based learning in projects like TOHARA Kinga project in Singida under APHFTA and Boresha Macho Project under the Sight Savers Foundation. Effective attachment in workshops, community outreach, and initiatives of community to engage in positive health behaviors gave me valuable experience to work in rural and hard-to-reach areas.



In discussion with my mentor Ms. Edna Paul on community outreach programs in Singida

"YOCAB paved the way to maximize my potentials as a youth. After the mentorship, I founded UDOM health club at my university in order to promote health and wellbeing among fellow students."